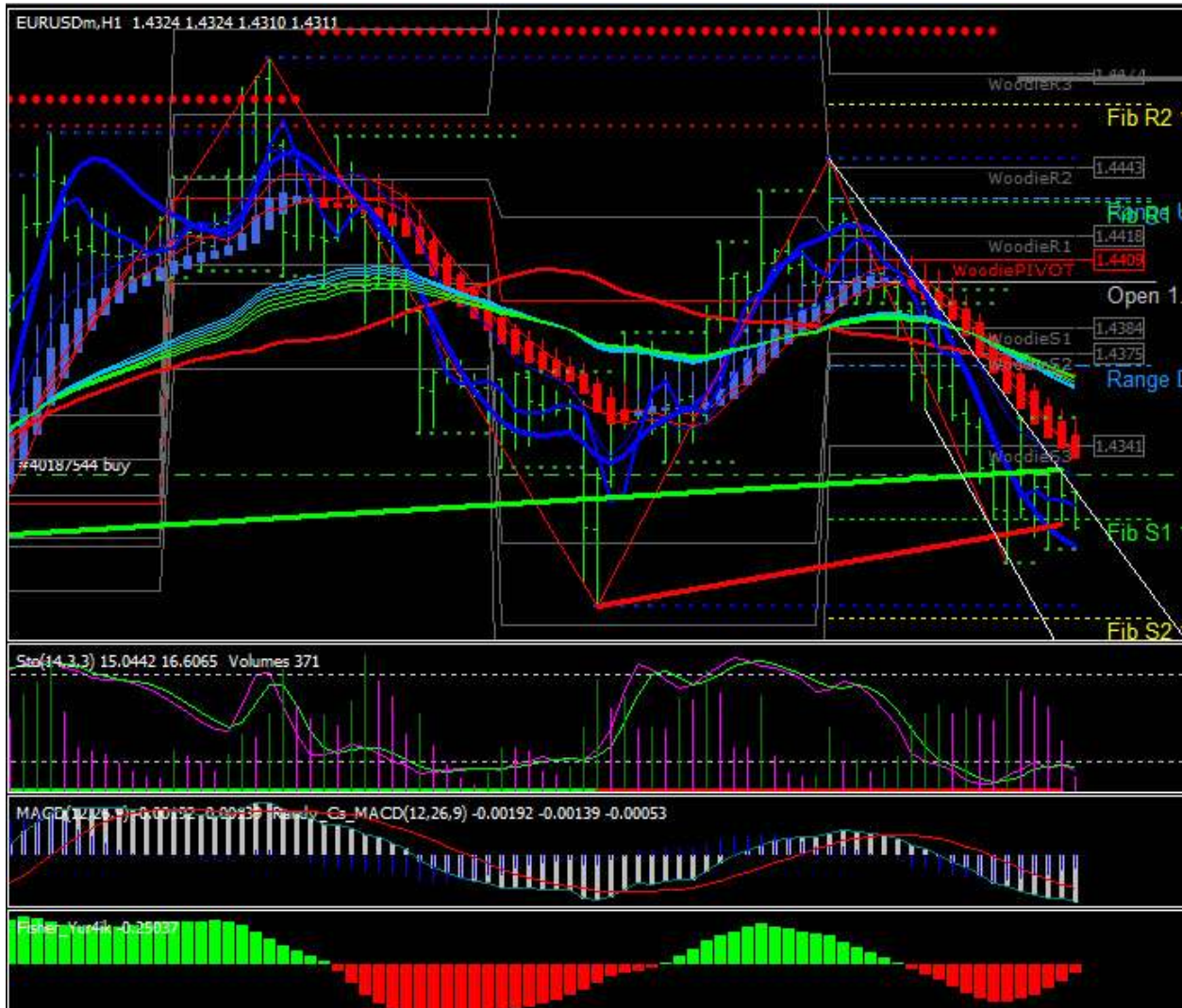


Beware of Indicator-itis

Are you suffering from indicator-itis? You can't see the price?



Symptoms:

- Inability to trade
- Entering trades late
- Exiting trades too early or too late
- Confusion
- Anxiety
- Panic
- Compulsion to buy the "latest and greatest" indicator, which you already have 10 of
- Addiction to duplication, colors, and lines

Indicator-itis creates confusion, chaos, and indecision -- as all the indicators are competing for the trader's attention. Due to chart clutterness, true market action is disguised and, more often than not, the trader tends to buy the high and sell the low. Due to the confusion and chaos created by duplication, traders are unable to act or react in their trading.

If you have two or more of the symptoms listed above, then take a sheet of paper and list each indicator in your chart and its purpose.

Now circle the following:

- One momentum indicator
- One Price Pattern indicator
- One volatility indicator
- One Stop indicator
- One Profit Taking indicator
- One Support/Resistance indicator
- One volume indicator

Now delete any indicator that is not circled on your list.

If you feel compelled to add an indicator, then you must delete the indicator that does the same function on your chart. ie, if you want to add a momentum indicator, you must remove one of the momentum indicators that already exist on your chart.

By using this self-help technique, you will have a clear, concise chart that aids in identifying entries and exits. Although you may experience a little anxiety to begin with, it will pass very quickly, and you will be on your way to a more successful way of trading.

Watch the price first, Remember price is the leading indicator—everything else follows!